









March 2024

## ARDSLEY MS | LUNCH MENU

**Student Lunch \$3.00**  
**Adult Lunch \$5.02 + tax**  
All Lunch MUST include  
Choice of:  
Fruits or  
100% Fruit Juice and  
may include:  
1% low-fat milk

Powering  
potential.™

MON	TUES	WED	THURS	FRI
				Brunch for Lunch <sup>1</sup> French Toast Sticks, egg patty and syrup Fresh berry cup
Roasted chicken w/ Spanish yellow rice Carrot coins Fresh oranges	Beef burrito bowl w/ salsa, sour cream, cheddar and brown rice Black beans Fresh apples	Greek beef gyro, pita <sup>6</sup> Lettuce, tomato, roasted onions & tzatziki sauce & fries Apple slices	Spaghetti and beef <sup>7</sup> meatballs, WG garlic breadsticks Roasted cauliflower Apple sauce	Chicken, broccoli & <sup>8</sup> vegetable fried rice peas and carrots Fresh grapes
Breaded chicken <sup>11</sup> drumsticks, mashed potatoes w/ gravy Steamed spinach Fresh bananas	Soft chicken quesadillas, <sup>12</sup> beans Lettuce, tomato, cheddar and sour cream Roasted corn Fresh grapes	Pasta with (B) meat <sup>13</sup> sauce, WG breadstick Roasted broccoli Fresh orange wedges	Sweet and sour <sup>14</sup> chicken w/ brown rice steamed cauliflower Apple sauce cup	
Boneless wings w/ BBQ or hot sauce & WG breadstick Tots Celery sticks Fresh pears	Seasoned Beef and bean <sup>15</sup> nachos, cheese sauce, salsa & sour cream Roasted corn Fresh orange wedges	General tso chicken, <sup>16</sup> vegetable brown rice Steamed spinach Fresh grapes	Cheese ravioli, WG <sup>17</sup> breadstick Steamed green beans Fresh apples	Breaded fish filet w/ <sup>18</sup> vegetable brown rice Cabbage Coleslaw Fresh bananas
				

Menus are subject to change.

### Alternate Daily Meals:

Apples, Oranges and Carrots  
Plain or (P) Pepperoni Pizza  
Spicy or Plain Chicken Patty  
Cheeseburger/ Hamburgers  
Fresh Fruit Smoothies with graham crackers  
Fresh Fruit Parfaits with Granola  
(P)= Pork (B)= Beef (C)= Chicken (T)= Turkey

All Lunches Must  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity  
provider.